

First Saturday of the Great Fast (St Theodore the Recruit)

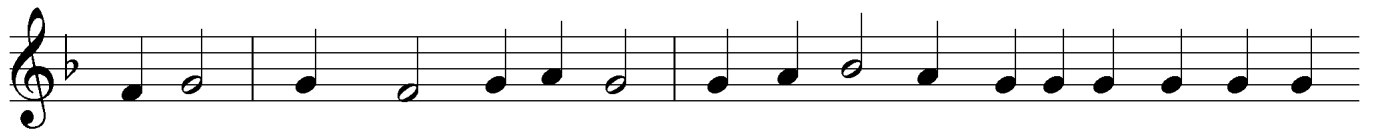
Troparion for St Theodore, Tone 2



Great are the a - chieve - ments of faith! The ho - ly mar - tyr The - o - - dore



re - joiced in the foun - tain of the flames as though in the still wat - ers



of rest; con - sumed in the fire, he was of - fered as a sac - ri - fice to



the Trin - i - ty. At his in - ter - ces - - - sion, Christ God, save our souls.

Kontakion for St Theodore, Tone 8



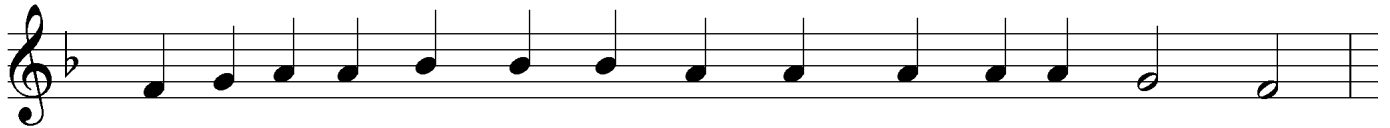
Kontakion of the Martyrs, Tone 8



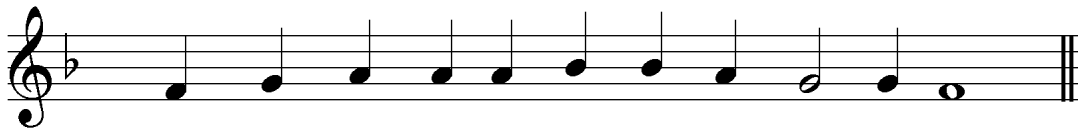
As first fruits of na - ture, O Lord, the Plant - er of cre - a - tion,



the whole world of - fers you the God - bear - ing Mar - tyrs.



At their in - ter - ces - sions pre - serve your Church in pro - found peace,



through the Moth - er of God, O most Mer - ci - ful.

Prokeimenon, Tone 7



The right - eous will re - joice in the Lord, and will hope in him.

Verse: O God, hear my prayer when I make my petition to you; deliver my soul from fear of the enemy.

Alleluia, Tone 4



Al - le - lu - ia, al - le - lu - ia, al - - le - lu - - - - - ia.

Verse 1: The righteous will flourish like a palm tree, and will grow like a cedar of Libanos.

Verse 2: Those who are planted in the house of the Lord will flourish in the courts of our God.

Communion Chant:

The righteous will be in everlasting remembrance. He will not fear evil tidings. Alleluia.